

1. Using the approach given in lecture notes, derive the equations

$$\Omega = E - \mu N - ST, \quad \Omega = -\frac{1}{\beta} \ln[\text{Tr}(e^{-\beta(\hat{H}-\mu\hat{N})})], \quad d\Omega = -SdT - pdV - Nd\mu$$

Solution: The probability density operator in the presence of variable particle number is $\hat{\rho} = e^{\beta(\Omega - \hat{H} + \mu\hat{N})}$. Now:

i)

$$\begin{aligned} \hat{\rho} &= e^{\beta(\Omega - \hat{H} + \mu\hat{N})} \\ \ln \hat{\rho} &= \beta(\Omega + \hat{H} + \mu\hat{N}) \\ \Omega &= \hat{H} - \mu\hat{N} + k_B T \ln \hat{\rho} \\ \langle \Omega \rangle &= \langle \hat{H} \rangle - \mu \langle \hat{N} \rangle - T(-k_B \langle \ln \hat{\rho} \rangle) \\ \Omega &= E - \mu N - TS \end{aligned}$$

ii)

$$\begin{aligned} \hat{\rho} &= e^{\beta(\Omega - \hat{H} + \mu\hat{N})} \\ \hat{\rho} &= e^{\beta\Omega} e^{-\beta(\hat{H} - \mu\hat{N})} \\ e^{-\beta\Omega} \hat{\rho} &= e^{-\beta(\hat{H} - \mu\hat{N})} \\ e^{-\beta\Omega} \underbrace{\text{Tr} \hat{\rho}}_{=1} &= \text{Tr} e^{-\beta(\hat{H} - \mu\hat{N})} \\ e^{-\beta\Omega} &= \text{Tr} e^{-\beta(\hat{H} - \mu\hat{N})} \\ -\beta\Omega &= \ln[\text{Tr} e^{-\beta(\hat{H} - \mu\hat{N})}] \\ \Omega &= -\frac{1}{\beta} \ln[\text{Tr} e^{-\beta(\hat{H} - \mu\hat{N})}] \end{aligned}$$

iii)

$$\begin{aligned} \text{Tr}(\hat{\rho}) &= 1, \\ d(\text{Tr} \hat{\rho}) &= 0 \\ \text{Tr}(d\hat{\rho}) &= 0 \end{aligned}$$

$$\begin{aligned} & \text{Tr} \left\{ \beta \left[d\Omega - \frac{d\hat{H}}{d\lambda} d\lambda + \hat{N} d\mu + \mu d\hat{N} - (\Omega - \hat{H} + \mu\hat{N}) \frac{dT}{T} \right] \hat{\rho} \right\} = 0 \\ \beta & \left[d\Omega \underbrace{\text{Tr} \hat{\rho}}_{=1} - \underbrace{\text{Tr} \left(\frac{d\hat{H}}{d\lambda} \hat{\rho} \right)}_{=-p} \underbrace{d\lambda}_{=dV} + \underbrace{\text{Tr}(\hat{N} \hat{\rho})}_{\langle \hat{N} \rangle = N} d\mu + \underbrace{\mu \text{Tr}(\hat{\rho} d\hat{N})}_{=0} - \underbrace{\text{Tr}[(\Omega - \hat{H} + \mu\hat{N}) \hat{\rho}]}_{=\Omega - E + \mu N = -ST} \frac{dT}{T} \right] = 0 \\ & \beta [d\Omega + pdV + Nd\mu + SdT] = 0 \end{aligned}$$

Thus for equilibrium states $d\Omega = -pdV - Nd\mu - SdT$.

Note: Above we used $\text{Tr}[(\Omega - \hat{H} + \mu\hat{N}) \hat{\rho}] = k_B \text{Tr}[\hat{\rho} \ln \hat{\rho}] T = -ST$. We also set $\text{Tr}(\hat{\rho} d\hat{N}) = 0$, because while $\langle \hat{N} \rangle$ can depend on $\lambda = V$ via $\hat{\rho}$ (since \hat{H} does), the operator \hat{N} itself does not. (This argument is not very satisfying, though.)

2. Calculate Ω for an ideal Bose-gas similarly as it is calculated for an ideal Fermi-gas in the lecture notes. Show that Bose and Fermi distributions reduce to a classical Maxwell-Boltzmann distribution

$$f(\epsilon) = e^{-\beta(\epsilon - \mu)}, \quad \text{when} \quad \beta(\epsilon - \mu) \gg 1.$$

(Hint: The only difference in the calculation is that for bosons $n_\alpha = 0, 1, 2, \dots$ instead of $n_\alpha = 0, 1$.)

Solution: The grand potential Ω for bosons is calculated similarly as for fermions, starting from equation (30) in the lectures. The only difference is that $n_i = 0, 1, 2, \dots$. So, using $(\hat{H} - \mu\hat{N})|n_1 n_2 \dots\rangle = (\sum_j \epsilon_j n_j - \mu \sum_j n_j)|n_1 n_2 \dots\rangle$, we have

$$\begin{aligned} e^{-\beta\Omega} &= \text{Tr} e^{-\beta(\hat{H} - \mu\hat{N})} = \sum_{n_1=0}^{\infty} \sum_{n_2=0}^{\infty} \dots \langle n_1 n_2 \dots | e^{-\beta(\hat{H} - \mu\hat{N})} | n_1 n_2 \dots \rangle \\ &= \sum_{n_1=0}^{\infty} \sum_{n_2=0}^{\infty} \dots \langle n_1 n_2 \dots | e^{-\beta \sum_j (\epsilon_j - \mu) n_j} | n_1 n_2 \dots \rangle \\ &= \sum_{n_1=0}^{\infty} \sum_{n_2=0}^{\infty} \dots e^{-\beta(\epsilon_1 - \mu) n_1} e^{-\beta(\epsilon_2 - \mu) n_2} \dots \\ &= \sum_{n_1=0}^{\infty} e^{-\beta(\epsilon_1 - \mu) n_1} \sum_{n_2=0}^{\infty} e^{-\beta(\epsilon_2 - \mu) n_2} \dots = \prod_{\alpha} \sum_{n_\alpha=0}^{\infty} [e^{-\beta(\epsilon_\alpha - \mu)}]^{n_\alpha} \end{aligned}$$

For a geometric series we have $\sum_{j=0}^{\infty} q^j = 1/(1 - q)$, if $|q| < 1$. For Bose gas $\epsilon - \mu > 0$ and so the sum converges. Thus

$$\begin{aligned} e^{-\beta\Omega} &= \prod_{\alpha} \frac{1}{1 - e^{-\beta(\epsilon_\alpha - \mu)}} \\ \Omega &= -\frac{1}{\beta} \ln \left[\prod_{\alpha} \frac{1}{1 - e^{-\beta(\epsilon_\alpha - \mu)}} \right] = \frac{1}{\beta} \sum_{\alpha} \ln [1 - e^{-\beta(\epsilon_\alpha - \mu)}] \end{aligned}$$

and

$$N = - \left(\frac{d\Omega}{d\mu} \right)_{T,V} = - \frac{1}{\beta} \sum_{\alpha} \frac{-\beta e^{-\beta(\epsilon_{\alpha}-\mu)}}{1 - e^{-\beta(\epsilon_{\alpha}-\mu)}} = \sum_{\alpha} \frac{1}{e^{\beta(\epsilon_{\alpha}-\mu)} - 1}$$

So identifying $N = \sum_{\alpha} f_{\alpha}$, we have

$$f_{\alpha} = \frac{1}{e^{\beta(\epsilon_{\alpha}-\mu)} - 1}$$

which is the Bose-Einstein distribution. Now consider the limit $\beta(\epsilon_{\alpha} - \mu) \gg 1$. Clearly then $e^{\beta(\epsilon_{\alpha}-\mu)} \gg 1$ and thus $f_{\alpha} \approx e^{-\beta(\epsilon_{\alpha}-\mu)}$, which is the classical (Maxwell-Boltzmann) distribution. Similarly for fermions we had the Fermi-Dirac distribution

$$f_{\alpha} = \frac{1}{e^{\beta(\epsilon_{\alpha}-\mu)} + 1}$$

Also here, if $\beta(\epsilon_{\alpha} - \mu) \gg 1$, we have $e^{\beta(\epsilon_{\alpha}-\mu)} \gg 1$ and the classical result is obtained. Thus in this limit there is no distinction between bosons and fermions.

3. Using the grand potential of an ideal Fermi-gas

$$\Omega = -k_B T \sum_{\alpha} \ln[1 + e^{\beta(\mu-\epsilon_{\alpha})}],$$

(a) verify that

$$N = - \frac{\partial \Omega}{\partial \mu} = \sum_{\alpha} f_{\alpha} \quad \text{where} \quad f_{\alpha} = \frac{1}{e^{\beta(\epsilon_{\alpha}-\mu)} + 1}.$$

(b) Calculate $S = -\frac{\partial \Omega}{\partial T}$ and show that it can be written in the form

$$S = -k_B \sum_{\alpha} [f_{\alpha} \ln f_{\alpha} + (1 - f_{\alpha}) \ln(1 - f_{\alpha})].$$

(Hint: You may find this useful: $x = \ln(1 - \frac{1}{e^x+1}) - \ln(\frac{1}{e^x+1})$.)

(c) Using $E = \Omega + ST + \mu N$, show that

$$E = \sum_{\alpha} \epsilon_{\alpha} f_{\alpha}.$$

(d) Using $p = -\frac{\partial \Omega}{\partial V}$, show that

$$p = - \sum_{\alpha} \frac{\partial \epsilon_{\alpha}}{\partial V} f_{\alpha}.$$

(e) Show that

$$dS = \frac{1}{T} \sum_{\alpha} (\epsilon_{\alpha} - \mu) df_{\alpha}.$$

(f) Using the previous results show that

$$dE = TdS - pdV + \mu dN.$$

Give an interpretation for the two terms (TdS and $-pdV$) in the special case $N = \text{constant}$.

Solution: The grand potential of an ideal Fermi gas

$$\Omega = -k_B T \sum_{\alpha} \ln[1 + e^{\beta(\mu - \epsilon_{\alpha})}]$$

a)

$$N = - \left(\frac{\partial \Omega}{\partial \mu} \right)_{T,V} = +k_B T \sum_{\alpha} \frac{\beta e^{\beta(\mu - \epsilon_{\alpha})}}{1 + e^{\beta(\mu - \epsilon_{\alpha})}} = \sum_{\alpha} \frac{1}{e^{\beta(\epsilon_{\alpha} - \mu)} + 1} = \sum_{\alpha} f_{\alpha}$$

b)

$$\begin{aligned} S &= - \left(\frac{\partial \Omega}{\partial T} \right)_{V,\mu} = k_B \sum_{\alpha} \ln[1 + e^{\beta(\mu - \epsilon_{\alpha})}] + k_B T \sum_{\alpha} \frac{-\beta \frac{1}{T} (\mu - \epsilon_{\alpha}) e^{\beta(\mu - \epsilon_{\alpha})}}{1 + e^{\beta(\mu - \epsilon_{\alpha})}} \\ &= -k_B \sum_{\alpha} \left\{ -\ln[1 + e^{\beta(\mu - \epsilon_{\alpha})}] + \frac{\beta(\mu - \epsilon_{\alpha})}{e^{\beta(\epsilon_{\alpha} - \mu)} + 1} \right\} \end{aligned}$$

Some playing around with logarithms and fermi functions is needed. The expression is we must develop is of the form

$$\begin{aligned} -\ln[1 + e^{-x}] - \frac{x}{e^x + 1} &= -\ln[e^{-x}(e^x + 1)] - \frac{x}{e^x + 1} = x + \ln \frac{1}{e^x + 1} - \frac{x}{e^x + 1} \\ &= \ln \frac{1}{e^x + 1} + x \left(1 - \frac{1}{e^x + 1} \right) \end{aligned}$$

Now here

$$x = \ln e^x = \ln \left(\frac{\frac{e^x}{e^x + 1}}{\frac{1}{e^x + 1}} \right) = \ln \left(\frac{1 - \frac{1}{e^x + 1}}{\frac{1}{e^x + 1}} \right) = \ln \left(1 - \frac{1}{e^x + 1} \right) - \ln \left(\frac{1}{e^x + 1} \right)$$

and inserting this to the previous expression we find

$$-\ln[1 + e^{-x}] - \frac{x}{e^x + 1} = \frac{1}{e^x + 1} \ln \frac{1}{e^x + 1} + \left(1 - \frac{1}{e^x + 1} \right) \ln \left(1 - \frac{1}{e^x + 1} \right)$$

Applying this with $x = \beta(\epsilon_\alpha - \mu)$ we finally have the desired result

$$S = -k_B \sum_{\alpha} [f_{\alpha} \ln f_{\alpha} + (1 - f_{\alpha}) \ln(1 - f_{\alpha})]$$

where $f_{\alpha} = 1/(e^{\beta(\epsilon_{\alpha} - \mu)} + 1)$.

c) From the previous consideration we know that

$$\Omega = -k_B T \ln(1 + e^{\beta(\mu - \epsilon_{\alpha})}) = -k_B T \sum_{\alpha} [-\ln(1 - f_{\alpha})] = k_B T \sum_{\alpha} \ln(1 - f_{\alpha})$$

Then

$$\begin{aligned} E &= \Omega + ST + \mu N \\ &= k_B T \sum_{\alpha} \ln(1 - f_{\alpha}) - k_B T \sum_{\alpha} [f_{\alpha} \ln f_{\alpha} - f_{\alpha} \ln(1 - f_{\alpha}) + \ln(1 - f_{\alpha})] + \mu \sum_{\alpha} f_{\alpha} \\ &= \sum_{\alpha} \left[-\frac{1}{\beta} f_{\alpha} \ln \frac{f_{\alpha}}{1 - f_{\alpha}} + \mu f_{\alpha} \right] = \sum_{\alpha} \left[-\frac{\beta}{\beta} (\mu - \epsilon_{\alpha}) f_{\alpha} + \mu f_{\alpha} \right] = \sum_{\alpha} \epsilon_{\alpha} f_{\alpha} \end{aligned}$$

d) The only quantities depending on the volume are the single-particle energies ϵ_{α} . So

$$\begin{aligned} p &= - \left(\frac{d\Omega}{dV} \right)_{\mu, T} = k_B T \sum_{\alpha} \frac{-\beta \frac{\partial \epsilon_{\alpha}}{\partial V} e^{\beta(\mu - \epsilon_{\alpha})}}{1 + e^{\beta(\mu - \epsilon_{\alpha})}} \\ &= - \sum_{\alpha} \frac{\partial \epsilon_{\alpha}}{\partial V} \frac{1}{e^{\beta(\epsilon_{\alpha} - \mu)} + 1} = - \sum_{\alpha} \frac{\partial \epsilon_{\alpha}}{\partial V} f_{\alpha} \end{aligned}$$

e) We just proved

$$S = -k_B \sum_{\alpha} [f_{\alpha} \ln f_{\alpha} + (1 - f_{\alpha}) \ln(1 - f_{\alpha})]$$

So now

$$\begin{aligned} dS &= -k_B \sum_{\alpha} \left[df_{\alpha} \ln f_{\alpha} + f_{\alpha} \frac{df_{\alpha}}{f_{\alpha}} - df_{\alpha} \ln(1 - f_{\alpha}) - (1 - f_{\alpha}) \frac{df_{\alpha}}{1 - f_{\alpha}} \right] \\ &= -k_B \sum_{\alpha} df_{\alpha} \ln \frac{f_{\alpha}}{1 - f_{\alpha}} = -k_B \sum_{\alpha} df_{\alpha} \beta(\mu - \epsilon_{\alpha}) = \frac{1}{T} \sum_{\alpha} (\epsilon_{\alpha} - \mu) df_{\alpha} \end{aligned}$$

f) The result $dE = TdS - pdV + \mu dN$ follows generally by differentiating $\Omega = E - \mu N - TS$ and using $d\Omega = -SdT - pdV - Nd\mu$. Using the results of this exercise, we can write

$$\begin{aligned} TdS - pdV + \mu dN &= \sum_{\alpha} (\epsilon_{\alpha} - \mu) df_{\alpha} + \left(\sum_{\alpha} \frac{\partial \epsilon_{\alpha}}{\partial V} f_{\alpha} \right) dV + \mu \sum_{\alpha} df_{\alpha} \\ &= \sum_{\alpha} (\epsilon_{\alpha} df_{\alpha} + f_{\alpha} d\epsilon_{\alpha}) - \mu \sum_{\alpha} df_{\alpha} + \mu \sum_{\alpha} df_{\alpha} \\ &= \sum_{\alpha} (\epsilon_{\alpha} df_{\alpha} + f_{\alpha} d\epsilon_{\alpha}) \end{aligned}$$

which is indeed equal to $dE = d(\sum_{\alpha} \epsilon_{\alpha} f_{\alpha})$. Here we identified $d\epsilon_{\alpha} = \frac{\partial \epsilon_{\alpha}}{\partial V} dV$. This result now gives a microscopic view to the origin of dE .

The last term, originating here from $-pdV$, describes the effects of “slow” changes. Just the energy levels ϵ_{α} are shifted, but the occupation probabilities f_{α} remain unchanged. Such changes can be reversed without dissipation of heat to the environment.

The first term, originating from TdS , describes the effects of “fast” changes. Here the occupation probabilities f_{α} of the levels (also) change. A change like this is typically irreversible. (The system can be returned to its initial equilibrium state, but not without dissipating heat to the environment.)

Note: The assumption of constant N seems not to be of much relevance. It would allow us to set $dN = \sum_{\alpha} df_{\alpha} = 0$ above, but the corresponding terms cancel anyway.

4. Show that an ideal (spin 1/2) Fermi-gas has a pressure

$$p = \frac{2}{3} \frac{E}{V},$$

at all temperatures and at $T = 0$

$$S = 0 \quad \text{and} \quad \frac{E}{N} = \frac{3}{5} \epsilon_F.$$

Solution: For ideal Fermi gas the single-particle energy levels have the expression

$$\epsilon_{\alpha} = \frac{\hbar^2 k^2}{2m} = \frac{\hbar^2}{2m} \left(\frac{2\pi}{L} \right)^2 (n_x^2 + n_y^2 + n_z^2) = \frac{4\pi^2 \hbar^2}{2m} \frac{1}{L^2} \bar{n}_{\alpha}^2 = \frac{\beta_{\alpha}}{V^{2/3}}$$

Here we used periodic boundary conditions, giving $k_x = (2\pi/L)n_x$, $n_x = 0, \pm 1, \pm 2, \dots$ and so on. We also denoted $(n_x, n_y, n_z) \rightarrow \bar{n}_{\alpha}$ and then $\beta_{\alpha} = 4\pi^2 \hbar^2 \bar{n}_{\alpha}^2 / 2m$ for brevity. Now

$$p = - \sum_{\alpha} \frac{\partial \epsilon_{\alpha}}{\partial V} f_{\alpha} = - \sum_{\alpha} \beta_{\alpha} \frac{-2/3}{V^{5/3}} f_{\alpha} = \frac{2}{3} \frac{1}{V} \sum_{\alpha} \frac{\beta_{\alpha}}{V^{2/3}} f_{\alpha} = \frac{2}{3} \frac{1}{V} \sum_{\alpha} \epsilon_{\alpha} f_{\alpha} = \frac{2}{3} \frac{E}{V}$$

This result is independent of temperature. As $T \rightarrow 0$ all the single-particle states with $\epsilon_{\alpha} < \epsilon_F$ become filled ($f_{\alpha} \rightarrow 1$), where ϵ_F is the Fermi energy. The states with $\epsilon_{\alpha} > \epsilon_F$

are emptied ($f_\alpha \rightarrow 0$). Now the entropy becomes

$$\begin{aligned}
S &= -k_B \sum_{\alpha} [f_\alpha \ln f_\alpha + (1 - f_\alpha) \ln(1 - f_\alpha)] \\
&\rightarrow -k_B \left\{ \sum_{\alpha \text{ filled}} [f_\alpha \ln f_\alpha + (1 - f_\alpha) \ln(1 - f_\alpha)] \right. \\
&\quad \left. + \sum_{\alpha \text{ empty}} [f_\alpha \ln f_\alpha + (1 - f_\alpha) \ln(1 - f_\alpha)] \right\} \\
&\rightarrow -k_B \left[\sum_{\alpha \text{ filled}} (1 - f_\alpha) \ln(1 - f_\alpha) + \sum_{\alpha \text{ empty}} f_\alpha \ln f_\alpha \right] \\
&\rightarrow 0
\end{aligned}$$

Here we used the limit (L'Hôpital rule)

$$\lim_{x \rightarrow 0} x \ln x = \lim_{x \rightarrow 0} \frac{\ln x}{\frac{1}{x}} = \lim_{x \rightarrow 0} \frac{\frac{1}{x}}{-\frac{1}{x^2}} = \lim_{x \rightarrow 0} x = 0$$

Thus we conclude that at $T = 0$ the entropy vanishes, $S = 0$. (Third law of thermodynamics.)

At zero temperature the energy can be written

$$E = \sum_{\alpha \text{ in Fermi sea}} \epsilon_\alpha = 2 \sum_{\mathbf{k}, |\mathbf{k}| < k_F} \frac{\hbar^2 k^2}{2m}.$$

Where we used $\alpha = (\mathbf{k}, \sigma)$ and $\epsilon_\alpha = \epsilon_{|\mathbf{k}|} = \frac{\hbar^2 k^2}{2m}$. In the limit $L \rightarrow \infty$ the \mathbf{k} sum can be transformed to an integral by noting that one \mathbf{k} -point occupies the volume $\Delta \mathbf{k} = (2\pi/L)^3$:

$$\sum_{\mathbf{k}} = \left(\frac{L}{2\pi}\right)^3 \sum_{\mathbf{k}} \Delta \mathbf{k} \rightarrow \left(\frac{L}{2\pi}\right)^3 \int d^3 k.$$

Now since the energies only depend on $|\mathbf{k}|$, the angular integral just gives 4π and we have

$$E = 2 \left(\frac{L}{2\pi}\right)^3 4\pi \int_0^{k_F} k^2 dk \frac{\hbar^2 k^2}{2m} = \frac{L^3}{\pi^2} \frac{\hbar^2}{2m} \int_0^{k_F} k^4 dk = \frac{\hbar^2}{2m} \frac{L^3}{\pi^2} \frac{k_F^5}{5}$$

Similarly

$$N = \sum_{\alpha \text{ in Fermi sea}} = 2 \sum_{\mathbf{k}, |\mathbf{k}| < k_F} = \frac{L^3}{\pi^2} \int_0^{k_F} k^2 dk = \frac{L^3}{\pi^2} \frac{k_F^3}{3}$$

Dividing these and using $\epsilon_F = \frac{\hbar^2 k_F^2}{2m}$ we find

$$\frac{E}{N} = \frac{3}{5} \epsilon_F.$$

5. (DEMO – no need to calculate) In the lecture notes we identified the Fermi distribution from the expression for the total particle number for noninteracting fermions. Show, using a similar calculation, that the Fermi and Bose distributions follow also directly from

$$\langle \hat{n}_\alpha \rangle = \text{Tr}[\hat{n}_\alpha e^{\beta(\Omega - \hat{H} + \mu \hat{N})}] = \frac{1}{e^{\beta(\epsilon_\alpha - \mu)} \pm 1}$$

Here $\hat{H} = \sum_\alpha \epsilon_\alpha \hat{n}_\alpha$ and $\hat{N} = \sum_\alpha \hat{n}_\alpha$, where \hat{n}_α is the number operator for the single-particle level α and ϵ_α is its energy. For fermions (upper sign) \hat{n}_α has the eigenvalues $n_\alpha = 0, 1$ and for bosons (lower sign) $n_\alpha = 0, 1, 2, \dots$

Solution:

In the lecture notes it was shown that for fermions

$$e^{-\beta\Omega} = \text{Tr}[e^{-\beta(\hat{H} - \mu \hat{N})}] = \prod_\alpha [1 + e^{-\beta(\epsilon_\alpha - \mu)}]$$

Now very similarly to that calculation, we have

$$\begin{aligned} \langle \hat{n}_\alpha \rangle &= \text{Tr}[\hat{n}_\alpha e^{\beta(\Omega - \hat{H} + \mu \hat{N})}] = e^{\beta\Omega} \text{Tr}[\hat{n}_\alpha e^{-\beta(\hat{H} - \mu \hat{N})}] \\ &= e^{\beta\Omega} \sum_{n_1=0}^1 \sum_{n_2=0}^1 \cdots \langle n_1, n_2, \dots | \hat{n}_\alpha e^{-\beta(\hat{H} - \mu \hat{N})} | n_1, n_2, \dots \rangle \\ &= e^{\beta\Omega} \left(\sum_{n_\alpha=0}^1 n_\alpha e^{-\beta(\epsilon_\alpha - \mu)n_\alpha} \right) \prod_{\gamma \neq \alpha} \sum_{n_\gamma=0}^1 e^{-\beta(\epsilon_\gamma - \mu)n_\gamma} \\ &= e^{\beta\Omega} e^{-\beta(\epsilon_\alpha - \mu)} \prod_{\gamma \neq \alpha} [1 + e^{-\beta(\epsilon_\gamma - \mu)}] \end{aligned}$$

Then, inserting $e^{-\beta\Omega}$ from above

$$\langle \hat{n}_\alpha \rangle = \frac{e^{-\beta(\epsilon_\alpha - \mu)} \prod_{\gamma \neq \alpha} [1 + e^{-\beta(\epsilon_\gamma - \mu)}]}{\prod_\gamma [1 + e^{-\beta(\epsilon_\gamma - \mu)}]} = \frac{e^{-\beta(\epsilon_\alpha - \mu)}}{1 + e^{-\beta(\epsilon_\alpha - \mu)}} = \frac{1}{e^{\beta(\epsilon_\alpha - \mu)} + 1}$$

The boson calculation is similar, giving first

$$e^{-\beta\Omega} = \text{Tr}[e^{-\beta(\hat{H} - \mu \hat{N})}] = \prod_\alpha \frac{1}{1 - e^{-\beta(\epsilon_\alpha - \mu)}}$$

Then

$$\begin{aligned}
\langle \hat{n}_\alpha \rangle &= e^{\beta\Omega} \sum_{n_\alpha=0}^{\infty} n_\alpha e^{-\beta(\epsilon_1-\mu)n_\alpha} \prod_{\gamma \neq \alpha} \sum_{n_\gamma=0}^{\infty} [e^{-\beta(\epsilon_\gamma-\mu)}]^{n_\gamma} \\
&= -e^{\beta\Omega} \left[\frac{\partial}{\partial \beta(\epsilon_\alpha - \mu)} \sum_{n_\alpha=0}^{\infty} e^{-\beta(\epsilon_\alpha-\mu)n_\alpha} \right] \prod_{\gamma \neq \alpha} \sum_{n_\gamma=0}^{\infty} [e^{-\beta(\epsilon_\gamma-\mu)}]^{n_\gamma} \\
&= -e^{\beta\Omega} \left[\frac{\partial}{\partial \beta(\epsilon_\alpha - \mu)} \frac{1}{1 - e^{-\beta(\epsilon_\alpha-\mu)}} \right] \prod_{\gamma \neq \alpha} \frac{1}{1 - e^{-\beta(\epsilon_\gamma-\mu)}} \\
&= e^{\beta\Omega} \frac{e^{-\beta(\epsilon_\alpha-\mu)}}{(1 - e^{-\beta(\epsilon_\alpha-\mu)})^2} \prod_{\gamma \neq \alpha} \frac{1}{1 - e^{-\beta(\epsilon_\gamma-\mu)}} = \frac{1}{e^{\beta(\epsilon_\alpha-\mu)} - 1}
\end{aligned}$$